

ACHIEVE 2012

WHAT DO YOU WANT TO DO IN 2012

Get Fit	Participate in an event	Take up running or any Sport
Learn a Foreign Language	Lose some weight	Write a book
Get Better results at Work	Start a business	Do a course
Play a musical Instrument	Gain more self confidence	I want to do something I've never done before

How many years have you said you would love to do this or have promised yourself you will do that, but it never happens? 2012 could be the year for you!

By becoming part of our Goal Achieving community, you will find the motivation and create the momentum to go for it and achieve that goal, whatever it may be!

As a team, we can encourage each other, share our experiences, give each other advice, and of course celebrate our successes!



What will I get:

- Weekly Inspiration by e-mail.....*
- Monthly Progress Reports & Newsletters.....*
- Bimonthly meetings.....*
- Full Access to our Online Community.....*
- Discounted Professional Performance Coaching.....*
- And more.....*



SUCCESS!

Special Introductory Event

A special 1 hour introductory event will be held in the **Robin Hill Clinic** in Cobh on the **Saturday 10th December at 11.30am**. Admission to this event is €5. Of your admission fee, 10% will go to a charitable cause for Christmas.

This event will sell out!! Places at these open events are limited so reserve your place now by contacting the Robin Hill Clinic at (021) 481 2222 or by e-mailing: info@robinhillclinic.com

Sat 10th Dec 2011 – Reserve your place today